

November 4, 2018 the 1st Annual Tri-Family Racing Lake Pleasant Olympic & Sprint Triathlon/Duathlon

Adult Olympic Tri: 1500 m Swim, 24.8 mi Bike, 6.2 mi Run

Adult Sprint Tri: 500 m Swim, 12.4 mi Bike; 3.1 mi Run,

Adult Sprint PLUS: 1000 m. swim, 12.4 mi Bike, 3.1 mi Run

Adult Sprint Duathlon: 3.1mi. Run, 12.4 mi. Bike, 3.1 mi. Run

Two or three person Adult Olympic Triathlon Relay – Olympic Relay distances

WHERE: Lake Pleasant Regional Park north boat ramp, approx. 6 miles North of Castle Hot Spring road. Take highway 74 north to Castle Hot Spring road, you will pass the main boat entrance please proceed north to the North boat ramp entrance. **THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE!** Quite often there is a long line to get in, come early and be prepared to give them \$7 cash upon your entry to the North boat ramp.

WHEN: Race starts approx. 8 am with the Adult Sprint & Olympic Tri & DU. **ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA NO LATER THAN 6:30/7 AM**

AWARDS: Five deep in all age & team categories. Awards presentation onsite.

REGISTRATION: Registration Packet pick-up on Saturday Nov. 3rd is **HIGHLY** recommended at Landis Cyclery located at 10417 N. Scottsdale Rd. (Corner of Scottsdale rd. & Shea Blvd) from 2pm to 5pm, All entrants **MUST** sign a **LIABILITY WAIVER. THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE that must be paid upon your entrance to North boat ramp, PLEASE bring \$7.00 CASH.**

FEEs: Olympic TRI: \$150 postmarked before Sept. 30th; Until Oct. 21st \$159, thereafter \$169

Sprint TRI PLUS \$140 postmarked before Sept. 30th; Until Oct 21st \$145, thereafter \$155

Sprint TRI OR Sprint DU \$130 postmarked before Sept. 30th; Until Oct. 21st \$135, thereafter \$145

Olympic TRI- Relay Teams (ADULT OLYMPIC ONLY): \$249 postmarked before Oct. 21st \$269 thereafter

REGISTRATION IS LIMITED TO 400 ENTRANTS!

DIVISIONS- (Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59;

60-64; 65-69; 70-74, 75-79 Athena: 150+ lbs, Clydesdale: 200+ lbs, Tri-Relay divisions: Coed, All Female, All Male

SPONSORS: Lake Pleasant Regional Park, Landis Cyclery, AZTriproject, Anteater Exterminating, Carlos O'Brien's, Tribe Multisport, M & J Trophies, Sole Sports, and Tri-Family Racing

SIGN UP: Register online at trifamilyracing.com OR Mail in entry forms to Tri-Family Racing, PO Box 86867, Phoenix, AZ, 85080-6867 "Make checks payable to Tri-Family Racing" This is a USAT sanctioned event; you **MUST** be an Annual member and have your membership card with you at packet pick-up OR pay a 1-day fee of \$15. Please fill in USAT # clearly _____ Expires: _____

| | |
|--|--|
| | |
|--|--|

LAST NAME

FIRST NAME

Your full Mailing Address here:

| | | | | |
|--|--|--|--|--|
| | | | | |
|--|--|--|--|--|

CITY

STATE

ZIP CODE

Athena

Clydesdale

| | | |
|--|--|--|
| | | |
|--|--|--|

AGE

| | |
|--|--|
| | |
|--|--|

SEX

| | | | |
|--|--|--|--|
| | | | |
|--|--|--|--|

AREA CODE

| | | | | | | | |
|--|--|--|--|--|--|--|--|
| | | | | | | | |
|--|--|--|--|--|--|--|--|

PHONE NUMBER

| | | | |
|---|---|---|----|
| S | M | L | XL |
|---|---|---|----|

PLEASE CHECK RACE BELOW

| | | | |
|------------------|-----------------|-------------------|-----------------|
| Sprint Triathlon | Sprint Tri Plus | Olympic Triathlon | Sprint Duathlon |
|------------------|-----------------|-------------------|-----------------|

| | | |
|--|--|--|
| | | |
|--|--|--|

TRI RELAY TEAM NAME

For More Information e-mail trifamilyracing.com

| |
|--|
| |
|--|

COED

| |
|--|
| |
|--|

ALL MALE

| |
|--|
| |
|--|

ALL FEMALE

SWIMMER LAST NAME _____

FIRST NAME _____

BIKER LAST NAME _____

FIRST NAME _____

RUNNER LAST NAME _____

FIRST NAME _____

