# October 6, 2019 the 17th Annual Bartlett Lake Olympic & Sprint Triathlon/Duathlon

**Adult Olympic Triathlon 1500 m swim, 24.8 mi Bike, 6.2 mi Run**
**Adult Sprint Triathlon: 500 m Swim, 12.8 mi Bike; 2.2 mi Run,**
**Adult Sprint Triathlon PLUS: 1000 m. swim, 12.8 mi bike, 4 mi Run**
**Adult Sprint Duathlon: 2.2 mi run, 12.8 mi. bike, 2.2 mi. run**
**Adult two or three person Olympic Triathlon Relay – Olympic relay distances**
**Looking for a challenge, this race is ranked the toughest most beautiful triathlon in Arizona!**

- **WHERE**: Bartlett Lake (Rattlesnake Cove), Scottsdale, AZ. Take 1-17 North to Carefree Highway, East on Carefree Highway to Pima road, North on Pima to Cave Creek rd. East on Cave Creek road to Bartlett Lake, Rattlesnake Cove exit.
- **WHEN**: Race starts approx. 6:45/7 am with the Adult Sprint & Olympic Tri & DU. ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA NO LATER THAN 6:00AM
- **AWARDS**: Five deep in all age & team categories. Awards presentation onsite.

**REGISTRATION**: Registration Packet pick-up on Saturday October 5th and is HIGHLY recommended. Locations for packet pick upTBD, see trifamilyracing.com site for updates. All entrants MUST sign a LIABILITY WAIVER. THERE IS WILL BE A ($8 to $10) per vehicle PARK ENTRANCE FEE that is required. They will be sold at packet pick up for your convenience. .

**FEES: Olympic TRI: $150 postmarked before Sept 10th; Until Sept 25th $165, thereafter $169**
**Sprint TRI PLUS $125 postmarked before Sept 10th; Until Sept. 25th $135, thereafter $139**
**Sprint TRI OR Sprint DU $115 postmarked before Sept. 10th; Until Sept. 25th $125, thereafter $129**
**Olympic TRI- Relay Teams (ADULT OLYMPIC ONLY): $250 postmarked before Sept. 10 thereafter $265**
**REGISTRATION IS LIMITED TO 300 ENTRANTS!**

**DIVISIONS**- (Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74, 75-79 Athena: 150+ lbs, Clydesdale: 200+ lbs, Tri-Relay divisions: Coed, All Female, All Male

**SPONSORS**: Bartlett Lake Regional Park, Carlos O'Brien's, Tribe Multisport, M & J Trophies, Sole Sports, and Tri-Family Racing

**SIGN UP: Register online at trifamilyracing.com OR Mail in entry forms to Tri-Family Racing, PO Box 86867, Phoenix, AZ, 85080-6867 "Make checks payable to Tri-Family Racing" This is a USAT sanctioned event; you MUST be an Annual member and have your membership card with you at packet pick-up or pay a $15 (1) day USAT fee Please fill in USAT # clearly _____**

**Expires: _____**

**LAST NAME** **FIRST NAME**

**Your Mailing Address here:** **Your Birthday**

CITY STATE ZIP CODE Athena Clydesdale

AGE SEX PHONE NUMBER S M L XL

PLEASE CHECK RACE BELOW

| Sprint Triathlon | Sprint Tri Plus | Olympic Triathlon | Sprint Duathlon |
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**For More Information e-mail**
**trifamilyracing.com**

**TRI RELAY TEAM NAME** COED ALL MALE ALL FEMALE

SWIMMER LAST NAME_____ FIRST NAME _____

BIKER LAST NAME_____ FIRST NAME _____

RUNNER LAST NAME_____ FIRST NAME _____