

# March 1, 2020 the 3rd Annual Blue Seventy Lake Pleasant Sprint & Olympic Triathlon & Duathlon

**Adult Olympic Triathlon 1500 m Swim, 24.8 mi Bike, 6.2 mi Run**  
**Adult Sprint Triathlon: 500 m Swim, 12.4 mi Bike; 3.1 mi Run,**  
**Adult Sprint Triathlon PLUS: 1000 m. swim, 12.4 mi Bike, 3.1 mi Run**  
**Adult Sprint Duathlon: 3.1mi. Run, 12.4 mi. Bike, 3.1 mi. Run**  
**Two or three person Adult Olympic Triathlon Relay – Olympic Relay distances**

🚲 **WHERE:** Lake Pleasant Regional Park north boat ramp, approx. 6 miles North of Castle Hot Spring road. Take highway 74 north to Castle Hot Spring road, you will pass the main boat entrance please proceed north to the North boat ramp entrance. THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE! Quite often there is a long line to get in, come early and be prepared to give them \$7 cash upon your entry to the North boat ramp.

🚲 **WHEN:** Race starts approx. 7:45/ 8 am with the Adult Sprint & Olympic Tri & DU ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA NO LATER THAN 6:30/7 AM

🚲 **AWARDS:** Five deep in all age & team categories. Awards presentation onsite.

**REGISTRATION: Registration Packet pick-up is Saturday February 29<sup>th</sup> and is HIGHLY recommended. The location time and place is from 2:30pm to 5pm at Bicycle Ranch, 15454 N. Frank Lloyd Wright Blvd. Scottsdale, AZ, Phone: (480) 614-8300. THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE that must be paid upon entering Rattlesnake Cove, Tri-Family Racing will be selling them also at packet pick up.**

**FEEs: Olympic TRI: \$149 postmarked before February 9<sup>th</sup>, before Feb. 23<sup>rd</sup>, \$155, thereafter \$165**

**Sprint TRI PLUS \$139 postmarked before February 9<sup>th</sup>; Until Feb. 23<sup>rd</sup> \$145, thereafter \$155**

**Sprint TRI OR Sprint DU \$129 postmarked before February 9<sup>th</sup>; Until Feb.. 23<sup>rd</sup> \$135, thereafter \$145**

**Olympic TRI- Relay Teams (ADULT OLYMPIC ONLY): \$199 postmarked before Feb. 23<sup>rd</sup> \$229 thereafter**  
**REGISTRATION IS LIMITED TO 400 ENTRANTS!**

**DIVISIONS-** (Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74, 75-79 Athena: 150+ lbs, Clydesdale: 200+ lbs, Tri-Relay divisions: Coed, All Female, All Male

**SPONSORS:** Lake Pleasant Regional Park, TriSports.com, Anteater Exterminating, Carlos O'Brien's, M & J Trophies, Sole Sports, Bicycle Ranch, Tri-Family Racing, Blue Seventy

**SIGN UP: Register online at [trifamilyracing.com](http://trifamilyracing.com) OR Mail in entry forms to Tri-Family Racing, PO Box 86867, Phoenix, AZ, 85080-6867 "Make checks payable to Tri-Family Racing" This is a USAT sanctioned event; you MUST be an Annual member and have your membership card with you at packet pick-up OR pay a 1-day fee of f \$15. Please fill in USAT clearly \_\_\_\_\_ Expires \_\_\_\_\_**

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LAST NAME

FIRST NAME

Your full Mailing Address here:

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CITY

STATE

ZIP CODE

Athena

Clydesdale

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AGE

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SEX

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AREA CODE

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PHONE NUMBER

S	M	L	XL
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PLEASE CHECK RACE BELOW

Sprint Triathlon	Sprint Tri Plus	Olympic Triathlon	Sprint Duathlon
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TRI RELAY TEAM NAME

For More Information e-mail  
[trifamilyracing.com](http://trifamilyracing.com)

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COED

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ALL MALE

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ALL FEMALE

SWIMMER LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

BIKER LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

RUNNER LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

