

**November 7, 2021 the 7th Annual Tri-Family Racing & Action Termite and Pest Control
 Lake Pleasant Sprint & Olympic Triathlon & Duathlon
 Adult Olympic Triathlon 1500 m Swim, 24.8 mi Bike, 6.2 mi Run
 Adult Sprint Triathlon: 500 m Swim, 12.4 mi Bike; 3.1 mi Run,
 Adult Sprint Triathlon PLUS: 1000 m. swim, 12.4 mi Bike, 3.1 mi Run
 Adult Sprint Duathlon: 3.1mi. Run, 12.4 mi. Bike, 3.1 mi. Run**

WHERE: Lake Pleasant Regional Park north boat ramp, approx. 6 miles North of Castle Hot Spring road. Take highway 74 north to Castle Hot Spring road, you will pass the main boat entrance please proceed north to the North boat ramp entrance. **THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE!** Quite often there is a long line to get in, come early and be prepared to give them \$7 cash upon your entry to the North boat ramp.

WHEN: Race starts approx. 7:30/ 8 am with the Adult Sprint & Olympic Tri & DU ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA NO LATER THAN 6:30/7 AM

AWARDS: Five deep in all age & team categories. Awards presentation onsite.

REGISTRATION: Registration Packet pick-up is Saturday November 16th from 2:30pm to 5pm 1st from 2:30 to 4pm at Bicycle Ranch, 15454 N. Frank Lloyd Wright Blvd. Scottsdale, AZ. Phone: (480) 614-8300. **THERE WILL BE A (\$7) per vehicle PARK ENTRANCE FEE that must be paid upon entering Rattlesnake Cove, Tri-Family Racing will be selling them also at packet pick up.**

FEES: Olympic TRI: \$199 postmarked before October 1st, before Oct 15th, \$210, thereafter \$225
 Sprint TRI PLUS \$175 postmarked before October 5th; Before Oct. 15th \$185, thereafter \$195
 Sprint TRI OR Sprint DU \$165 postmarked before October 5st; Until Oct. 15th \$175, thereafter \$185
 Olympic TRI- Relay Teams (ADULT OLYMPIC ONLY): \$275 postmarked before Oct 15th \$290 thereafter
REGISTRATION IS LIMITED TO ONLY 100 race entrants ENTRANTS!

DIVISIONS- (Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59;

60-64; 65-69; 70-74, 75-79 Athena: 150+ lbs, Clydesdale: 200+ lbs, Tri-Relay divisions: Coed, All Female, All Male

SPONSORS: Lake Pleasant Regional Park, TriSports.com, Action Termite and Pest Control, Carlos O'Brien's, M & J Trophies, Sole Sports, Bicycle Ranch, and Tri-Family Racing

SIGN UP: Register online at trifamilyracing.com OR Mail in entry forms to Tri-Family Racing, PO Box 86867, Phoenix, AZ, 85080-6867 "Make checks payable to Tri-Family Racing" This is a USAT sanctioned event; you **MUST be an Annual member and have your membership card with you at packet pick-up OR pay a 1-**

day fee of \$15. Please fill in USAT # clearly _____

Expires: _____

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LAST NAME

FIRST NAME

Your full Mailing Address here: _____

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CITY

STATE

ZIP CODE

Athena

Clydesdale

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S	M	L	XL
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AGE

SEX

AREA CODE

PHONE NUMBER

PLEASE CHECK RACE BELOW

Sprint Triathlon	Sprint Tri Plus	Olympic Triathlon	Sprint Duathlon
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TRI RELAY TEAM NAME

For More Information e-mail
trifamilyracing.com

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COED

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ALL MALE

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ALL FEMALE